



**Adela Escardó**

Working in the IPA opens our gaze to an inclusive perspective that allows us to jointly think about very different realities. I have collaborated in psychoanalytic organisations since I was a candidate. Psychoanalytic thinking, group interaction, and leadership mean much in my professional life.

Institutional work has brought me personal development that complements my psychoanalytic path, as well as a sense of belonging to the IPA, and an interest in the organisation.

This time I am running for the position of Treasurer because it resonates with my interest to be in constant dialogue with the membership through the various IPA bodies designed to help. I am also aware it is daring.

For some time now I have been part of the Dues Advisory Committee as well as other committees where I have been able to alternate with members committed to IPA's inter-regional and global projects. Being receptive and active is essential to produce fruitful results. Discussing with the different decision-makers – in the articulated IPA network – allows us to weigh up the many sides of the same problem. My interest in addressing the challenges posed by the IPA to its members and the public, leads me to the adventure of the growing commitment that the responsibility of Treasurer implies as this is a core area that connects with all the other areas, and is thus placed at the heart of the organisation.

As for my personal background, I have lived most of my life in Lima, Peru, except for four years in Boston while studying for my B.S. My first studies were in journalism, clinical psychology, psychoanalytic psychotherapy, and later psychoanalysis. I have a conviction about the importance of communications, just as I believe in the delicate task of understanding particulars while ensuring its confidentiality. My private practice has led me to work with young people and adults, which I do with great pleasure and curiosity.

I think that our main professional identity is in clinical analysis, today expanded towards meaningful community work, and towards strengthening our presence in the current cultural axis. I am convinced that research must be a fundamental tool to position ourselves in the face of the large number of alternatives available to people who suffer and seek relief from their emotional problems. It is a challenging task that we must seriously undertake.

I have met some members who defend their own local identity as opposed to having a global perspective. However, alternating between the local and the global is an enriching approach for all. IPA encourages empathic listening among members and towards the public. A comprehensive, operative and holding strategy should prevail if we have in mind a strong IPA ahead. Renovating the psychoanalytic tradition but at the same time respecting and defending it is pivotal for psychoanalysis. It is indeed an enormous and anxiety provoking endeavour, full

of challenges and difficulties. It also comprises a complex incentive for the future and should lead us all in a common effort to try to do our best.

**IPA:** *Public Information Committee, Member (2011-2013); Communications Services Committee, IPA Image Task Force, Member (2014-2016); Appeals Panel, Member (2019); Elections Committee, Member (2020-2022); Dues Advisory Committee, Member (2020- present); Psychoanalytic Education Committee, Member (2021-present).*

**Peru Psychoanalytical Society:** *Scientific Secretary (2020-2022); Tutor of a class of candidates (2022- ); Emotional Support Line during the Covid 19 Pandemic (2020-2021), member; Teacher at the SPP Institute (2014- present); Member of the SPP Bulletin (2012-2016); Director Editor, SPP Journal of Psychoanalysis (2012-2014).*